



## Short Communication

# Comparison Study on Fiber and Cocopeat from Young Coconut Husks and Old Coconut Husks

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Abstract: Fiber and cocopeat are waste products from coconut husks that can be turned into value added products. Fiber and cocopeat from old coconut husks are well known in coconut industry in the world. This paper described fibre strength from young coconut husks, nutrient content and water-holding ability of young coconut cocopeat compared to old coconut cocopeat. The strength of fiber was determined by using Instron Universal Testing Machine. The results showed that mean load at break for young coconut fiber was 13.76 N while mean load at break for old coconut fiber was 14.93 N. Maximum tensile stress for young coconut fiber was 1.55 MPa and 1.76 MPa for old coconut fiber. The nutrient contents were determined for young cocopeat and old cocopeat resulted as phosphorus (372.79 ppm, 339 ppm), potassium (6829.68 ppm, 10040.46 ppm), calcium (508.74 ppm, 578.40 ppm), magnesium (468.67 ppm, 715.60 ppm) and sodium (1579.70 ppm, 3917.60 ppm). The pH value was 6.55 and 5.39 respectively. The ash contents were 2.62% for young cocopeat while 4.06% for old cocopeat. For water holding ability test, moisture content of each sample from young coconut cocopeat and old coconut cocopeat was determined by using soil moisture meter. After seven days with water added 500 ml two times/day, results showed that water holding ability for peat moss was the best while young cocopeat was better than the old cocopeat. All the results showed that fiber and cocopeat from young coconut husk have high potential for sustainable production in the coconut industry.

**Keywords:** fiber; cocopeat; young coconut husk, strength of fiber, nutrient contents, water holding ability

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# 1. Introduction

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Coconut was grown in more than 90 countries. In Malaysia, it was the fourth important crop in acreage after oil palm, rubber and paddy (Christoper, 2018). The coconut industry has significant socio-economic implications as it provides the source of revenues and employment to households. Besides, it supports several vibrant small and medium coconut-based processing industries and exporters.

In Malaysia, 95% of coconut growers were smallholders with an average yield of 6468 kg coconuts/hectares in 2019. Coconut production was increased from 2018 to 2019 at 495,531 MT to 527,729 MT (Jabatan Pertanian Semenanjung Malaysia, 2019). The demand for young coconuts begun to emerge with government initiatives, especially the Ministry of Agriculture in the 1990s, to encourage drinking young coconut water (Mohd Rashid *et al.*, 2016).

Young coconuts contain mainly water and a little jelly-like meat instead of the hard white flesh found in mature coconuts. The young coconut drink was a trendy beverage among the community in Malaysia. The higher market price and high market demand have attracted farmers to grow coconut.

Based on the report by Mohd Hafizudin *et al.* (2016) it was shown that 46.0% of consumers preferred *Pandan* varieties and 12.3% followed by *Matag.* Another 24% did not show a tendency to young coconut variety. A total of 32.12 million young coconuts per month were estimated to fulfil the demand based on the study results.

There were two products obtained from coconut husk which are coconut fiber and cocopeat. The coconut fiber can be used as floor mats, doormats, brushes, mattresses, coarse filling material, and upholstery because of its good in stiffness (Yan, 2016). It was also widely used to produce composite material. Another product from husk was cocopeat. The cocopeat was used as a planting media because of its high nutrient content. Cocopeat can be mixed with soil and other media components to make suitable mixes for plant propagation. It was widely used in agriculture, horticulture, and restoration to produce flowers, vegetables, trees, shrubs, and forbs (Alzrog *et al.*, 2013). Two main factors to support quality plant development were good chemical and physical properties of cocopeat. (Awang *et al.*, 2009; Nazari *et al.*, 2011; Paramanandham *et al.*, 2013; Ilahi & Ahmad, 2017; Udayana *et al.*, 2017; Xiong *et al.*, 2017)

The increase in demand for young coconut has contributed to increased residual products such as coconut husk. Based on production in 2018, as much as 44% of coconut husk is unutilized and disposed in open field (Tapsir & Mohd Hafizudin, 2018). The development of processing system for young coconut husk, to process the husk into value-added products such as cocopeat and fiber would overcome this problem. (Mat Jusoh *et al.*, 2020). This

cocopeat can be sold at RM 7/bag or RM 1.40/kg while fiber can be sold at RM 1.20/kg (Mohd Zaffrie *et al.*, 2018).

This paper explained the strength of fiber from young coconut husks and old coconut husk, nutrient content and water holding ability of young coconut cocopeat compared to old coconut cocopeat. The result of this study could be used as a reference for farmers or growers to further expand the use of cocopeat and fiber from young coconut husk.

## 2. Materials and Methods

## 2.1 Strength of Fiber from Young and Old Coconut Husks

## 2.1.1 Samples preparation

The strength of fiber was determined by using Instron Universal Testing Machine as shown in Figure 1 and the experiment was done at Engineering Research Center Laboratory, MARDI Headquarters Serdang. 20 samples were randomly selected consist of old coconut fibers and 20 samples of young coconut fibers both from Matag variety. The fiber was pulled until break occurred as shown in Figure 2.



Figure 1. Instron Universal Testing Machine



Figure 2. Fiber was pulled till breaks

#### 2.1.2 Strength of fibers identification

A total of 20 samples of each young coconut fibers and old coconut fibers were used for the strength of fibers identification. The fiber was pulled until break occurred for each sample. Data such as the load required to break the fiber was recorded for calculation of fiber strength represented as maximum tensile stress. The maximum tensile stress was determined by using this formula.

Maximum tensile stress, 
$$\sigma$$
 (MPa) =  $\frac{Load \ at \ break \ (N)}{Area \ of \ fiber \ (m^2)} x \ 10^{-5}$  (1)

Area of fiber, 
$$A(m^2) = \pi r^2$$
 (2)

Where r is the radius of fiber cross section.

#### 2.2 Nutrients Content Identification

Both old and young coconut cocopeat samples were delivered to Technical Service Laboratory MARDI Headquarters Serdang for nutrient content identification. The nutrient contents were identified as phosphorus, potassium, calcium, magnesium and sodium. The pH value and ash content were also determined.

#### 2.3 Water Holding Ability

#### 2.3.1 Samples preparation

10 samples for each young coconut cocopeat and old coconut cocopeat were prepared in a 6 inches x 9 inches polybag as shown in Figure 3. The samples were added with same volume of 500 ml water in the morning and afternoon for a period of 7 days. Moisture content of each sample from young coconut cocopeat and old coconut cocopeat was measured every day before water addition by using soil moisture meter TDR 150 as shown in Figure 4. These samples were located under a shade in an open structure.



Figure 3. Young coconut cocopeat and old coconut cocopeat samples



Figure 4. Moisture content measurement.

## 2.3.2 Water holding ability calculation

Each sample moisture content reading was measured for a week to get the water holding ability. The water holding ability was determined by calculation of relative moisture content to the first day. The relative moisture content, MC was determined by using this formula.

$$Relative MC (\%) = MC2 - MC First Day$$
(3)

Where: MC2 was the current MC reading.

## **3. Results and Discussion**

## 3.1. Strength of Fiber from Young and Old Coconut Husks

Table 1 showed results of load at break and maximum tensile stress of young and old coconut fiber. In average, the young coconut fiber broke at a load of 13.76 N and the maximum tensile stress was recorded as 1.55 MPa. The old coconut fiber broke at a load of 14.93 N and the maximum tensile stress was recorded as 1.76 MPa.

Fiber Sample	Load at Break, F (N)	Maximum Tensile
		stress, $\sigma$ (MPa)
Young Coconut	13.76	1.55
<b>Old Coconut</b>	14.93	1.76

Table 1. Results of load at break and maximum tensile stress of young and old coconut fiber

A statistical analysis was performed by using Minitab Software to identify the significant difference between the average load at break for the young and old coconut fiber. Two samples *T*-test was performed with confidence interval of 95%, the samples were assumed with equal variance. The *P*-value obtained was 0.559 > 0.05, so there was no significant difference for average load at break for the young and old coconut fiber. This result concludes that young coconut fiber's strength was similar to old coconut fiber as shown in Figure 5.



Figure 5. Boxplot of load at break for young and old coconut fiber

## 3.2 Nutrients Content

The nutrient contents were determined for young cocopeat and old cocopeat resulted as in Table 2. The phosphorus and calcium content in young cocopeat was similar to old cocopeat. Other nutrients content had huge different for young and old cocopeat. These nutrients content was important parameter to proof that both young and old cocopeats were suitable for planting crops. The pH value was 6.55 and 5.39 respectively indicates that young cocopeat almost neutral and good as planting media. The ash contents were 2.62% for young cocopeat while 4.06% for old cocopeat.

Nutrients	young cocopeat	old cocopeat
Phosphorus (P)	372.79 ppm	339 ppm
Potassium (K)	6829.68 ppm	10040.46 ppm
calcium	508.74 ppm	578.40 ppm
magnesium	468.67 ppm	715.60 ppm
sodium	1579.70 ppm	3917.60 ppm

Table 2. Nutrients content for old and young cocopeat

# 3.3 Water Holding Ability

A statistical analysis was performed using Minitab Software to identify the significant difference of relative moisture content between old cocopeat and young cocopeat. Two samples *T*-test was performed with confidence interval of 95%, the samples were assumed with equal variance. The *P*-value obtained was 0.034 which was less than 0.05, so there was



significant difference for relative moisture content between old cocopeat and young cocopeat. The boxplot was shown in Figure 6.

Figure 6. Boxplot of relative moisture content of old and young cocopeat

Figure 7 showed the result of water holding ability for old coconut cocopeat and young coconut cocopeat. Young cocopeat holding ability increased and better holding ability compared to old coconut cocopeat. From this graph, it can be concluded that young coconut cocopeat was better in water holding ability compared to the old coconut cocopeat. This water holding ability was very important factor for media planting material.



Figure 7. Result of water holding ability for old cocopeat and young cocopeat

#### 4. Conclusion

Young coconut fiber has a good strength and comparable to the old coconut fiber and should be utilized in coconut industry as a value added product similar to fiber used from the old coconut cocopeat. There were also similar nutrients contents in the young coconut cocopeat compare to the old coconut cocopeat. Moreover, there was less ash in the young coconut cocopeat thus making it better than the old coconut cocopeat. For water holding ability, the young coconut cocopeat was better in performance compared to the old coconut cocopeat. For future study or research, growth performance of crop using the young cocopeat should be performed to strengthen the facts that the young coconut cocopeat be used in industry.

**Supplementary Materials:** The following are available online at http://www.journals.hh-publisher.com/index.php/AAFRJ//xxx/s1, Figure S1: title, Table S1: title.

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